

Name _____

LESSON 7 Trust and Secrets

Worthy of My Trust

No one should ever ask you to keep a secret about touching. A secret about touching is an **unsafe secret**. Unsafe secrets should not be kept even if someone you know or love asks you to keep them.

Tell a **trustworthy** adult as soon as you can about unwanted touching or other unsafe secrets. You can determine if adults are trustworthy by how they act more than by the job they have or whether they are trusted by others.



Write the name of an adult you could tell if you were being harmed or made to feel confused or unsafe. Under the name, list behaviors that make this person trustworthy.

(name of a trustworthy adult)

is trustworthy because he or she

- _____
- _____
- _____
- _____



Scripture

*The LORD is my strength and my shield,
in whom my heart trusts.*

Psalm 28:7

What Am I Feeling?

In addition to giving us people who can help us when we need them, God gives us **emotions**. All emotions are clues to how we can respond to and process what we experience.

Think of a positive emotion that you have experienced in the past week. Complete the sentence. Then draw what that emotion looked like and felt like.

I felt _____.



Prayer

Heavenly Father, I know you love me always and your love for me is unchanging. Thank you for the people in this world who can be trusted.