

Name _____

LESSON 7 Trust and Secrets

What Would You Do?

It is an adult's responsibility to make sure their interactions with young people are not harmful. It is never your fault if an adult hurts you or puts you in a situation that is unsafe. Secrets about these interactions are **unsafe secrets** and should be told to a **trustworthy** adult as soon as possible.

Choose one of the scenarios below. Write the number of the scenario on the line below the chart. Then write what emotions you might feel and how you would respond.



An adult . . .	
1. offers you a special privilege or reward in return for some kind of touching.	2. sends you a digital image of himself or herself naked or partially clothed.
3. takes a picture of you while you are changing clothes.	4. contacts you through an app or online game.
5. tries to wrestle with you or rubs your neck or back.	6. says you will make him or her sad if you don't do something that makes you feel confused or anxious.
7. threatens to tell something personal you shared in confidence if you don't do what he or she says.	8. asks you to sneak out of your house to meet him or her.

Scenario # _____ :



Scripture

*The LORD is my strength and my shield,
in whom my heart trusts.*

Psalm 28:7

Worthy of Trust

Our **emotions** are a gift from God that can help us know how to respond to potentially unsafe situations. They can also help us recognize whether someone is worthy of our trust. Even if what we are feeling is unclear, we can still try to pay attention to our emotions and what they may be signaling. Tell a trustworthy adult as soon as you can about unsafe situations.

Write the name of an adult you could tell if you were being harmed or made to feel confused or unsafe. Under the name, list behaviors that make the person worthy of your trust.

(name of a trustworthy adult)

is trustworthy because he or she

- _____
- _____
- _____
- _____



Prayer

Heavenly Father, I know you love me always and your love for me is unchanging and unconditional. Thank you for the people in this world who can be trusted.