

Name _____

LESSON 7 Trust and Secrets

The Gift of Emotions

God gave us the gift of **emotions** to help us make choices. We can feel many different emotions. Some emotions can alert us that we may be in an unsafe situation.

Trace the name of each emotion under the picture that shows that emotion.



mad



surprised



happy



sad



Scripture

*The LORD is my strength and my shield,
in whom my heart trusts.*

Psalm 28:7

Tell a Trustworthy Adult

Trustworthy adults want you to be safe. They follow rules and help you follow rules too. They act in a way that does not make you feel sad, scared, or confused. Trustworthy adults never ask you to keep secrets about their behavior.

Complete the pictures below to show you telling a trustworthy adult that you have something important to say.



Prayer

Dear Heavenly Father, I know that you are always with me. Thank you for blessing me with safe and trusted people to help me.