

Name \_\_\_\_\_

# I Can Do My Part

Each person can do his or her part to bring about positive change in the world and serve God. No one can do everything, but everyone can do something.



**Think of a problem or need that you see in the world around you. Draw and label a picture of you using your God-given gifts and talents to do your part in solving the problem or meeting the need. On the lines, write a brief prayer asking the Holy Spirit to guide you as you act.**

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Name \_\_\_\_\_

# Certificate of Appreciation

God brings trusted adults into our lives who care for us and demonstrate how to serve God, love other people, and honor the truth. We can encourage these people by letting them know how thankful we are that they are part of our lives.

**Fill out the certificate of appreciation below by drawing a picture of the person inside the oval and filling in each field.**

**This certificate of appreciation is awarded to**

\_\_\_\_\_

**Thank you for taking care of me and showing me how to be a trustworthy follower of Christ. You have done this by**

\_\_\_\_\_ ,

\_\_\_\_\_ ,

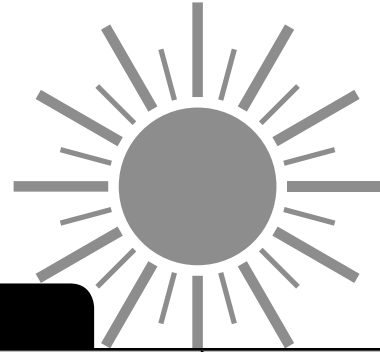
**and** \_\_\_\_\_ .

**I am so thankful that God has brought you into my life!**

Name \_\_\_\_\_

# Random Acts of Kindness

Perform random acts of kindness on a daily basis for two school weeks to draw nearer to God and your classmates. Each day, choose one of the acts of kindness from the bottom of the page. When you have completed it, cut it out and glue it in the appropriate space.



## Acts of Kindness

Monday	Tuesday	Wednesday	Thursday	Friday

Pray for someone who needs to be lifted up.

Sit next to somebody new at lunch or invite someone new to sit with you.

Offer to help a friend with a task (for example, cleaning out a desk and organizing it).

Write a note to a friend and tell that person what you appreciate about him or her.

Offer an apology when it is due.

Give someone a sincere compliment.

Talk to someone you don't normally speak to very much.

Encourage a classmate who needs a confidence boost.

Help clean up a mess.

Support a classmate if you see one being treated rudely.

Say something nice about someone when that person is not with you.

Introduce yourself to the new student and offer a tour of the playground.

Invite someone playing alone to join your game.

Open the door for someone.

Let someone go ahead of you in line in the cafeteria.



Name \_\_\_\_\_

# Family Rules

Each family uses technology in different ways, so they have different rules about technology use. Complete this activity with your family to develop or clarify family rules about technology. Then display it in a place where it is easy to see.



## About My Screen Time

Devices I am allowed to use:

\_\_\_\_\_

Time limit for online or digital activities:

\_\_\_\_\_

Rules about supervision during internet use:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Technology and My Family

Technology helps my family. We use it to

\_\_\_\_\_

\_\_\_\_\_

Two important family values:

\_\_\_\_\_

\_\_\_\_\_

## My Boundaries

I am *not* allowed to

\_\_\_\_\_

Consequences for breaking the rules: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

# Honoring My Body, Mind, and Soul

Think about what it means to honor your body, mind, and soul.  
In the circles, write or draw the ways you can do this.

