

Name \_\_\_\_\_

# Imagine and Invent

Think of a problem—big or small—that could be solved by an invention you imagine and draw. Be sure it's an invention that would help people carry out God's plan of serving one another. Get creative!



Describe the problem. \_\_\_\_\_

What does the invention do? \_\_\_\_\_

How does it work? \_\_\_\_\_

What is the name of your invention? \_\_\_\_\_

What does it look like?

How does this invention help people serve God?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name \_\_\_\_\_

## Safe and Unsafe Secrets

Read each secret below. Next to each one, write *safe* or *unsafe*. In the box at the bottom of the page, write the names of family members, friends, or authority figures in whom you can confide if you or someone you know is in an unsafe situation.



- \_\_\_\_\_ A relative touched me and told me not to tell.
- \_\_\_\_\_ My brother told me what he is getting Dad for Christmas.
- \_\_\_\_\_ She hits me with her fists.
- \_\_\_\_\_ He threatened to hurt me if I did not do what he said.
- \_\_\_\_\_ The party she is planning is a surprise!
- \_\_\_\_\_ He showed me something that made me uncomfortable.
- \_\_\_\_\_ I see that boy getting bullied every day.
- \_\_\_\_\_ My friend made me promise I wouldn't tell anyone about something she did, and I'm scared.
- \_\_\_\_\_ My best friend and I shared our secret locker combinations with each other.

Name \_\_\_\_\_

# Self-Control

All people, including you, are made in God’s image and should be treated with dignity and respect. You do not have to endure harmful behavior from others; other people have a responsibility to treat you kindly. You have this responsibility too.



**Imagine that you are in a situation where you are angry or upset. Circle the examples of good self-control and cross out the examples of a lack of self-control. Choose one of the examples you circled and use the lines provided to write why it is a good example of self-control.**

Take a deep breath and slowly count to five.

Talk to a friend or trusted adult.

Write an unkind post online.

Lock yourself in a room and scream.

Throw or break objects.

Write down your thoughts in a journal.

Go for a walk to clear your head.

Find an activity that calms you, such as reading or running.

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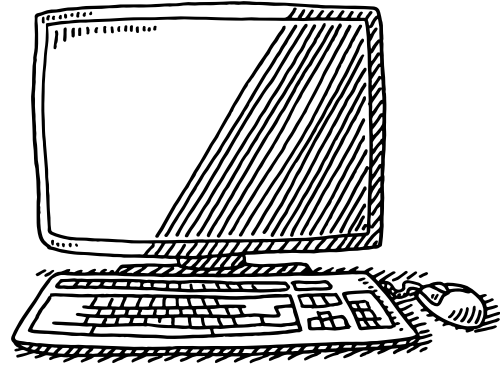


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Name \_\_\_\_\_

# Family Tech Rules

Because every family is unique, each family sets its own rules about how family members should use technology.



**What are your family's rules about technology use? Take this paper home to discuss and complete the questions with your family.**

Technology can be a great blessing. How does technology help you and your family?

\_\_\_\_\_

What devices do you have at home that you are allowed to use?

\_\_\_\_\_

If your family has set a time limit for online or screen-time activities, what is it and why do you have it? \_\_\_\_\_

\_\_\_\_\_

Do you have rules about supervision when using technology? \_\_\_\_\_

What are they? \_\_\_\_\_

Why do you have those rules? \_\_\_\_\_

\_\_\_\_\_

What websites, apps, or games are you allowed to freely access?

\_\_\_\_\_

Does your family use a monitoring program to track your activity? \_\_\_\_\_

If so, what is the reason for this? \_\_\_\_\_

\_\_\_\_\_

What are the consequences for breaking family rules about technology?

\_\_\_\_\_

Name \_\_\_\_\_

# I Am God's Good Creation

You are blessed by God, who wants only good things for you.  
 You are growing into the person he intends you to be.  
 Keep these truths in mind as you finish the statements below.



**I will not compare my body or myself to others.**

**Instead, I will** \_\_\_\_\_.

**Good hygiene enables me to care for the body God gave me.**

**Some things I do to practice good hygiene are** \_\_\_\_\_

\_\_\_\_\_.

**I have the ability to make good choices in all situations. When I feel  
 pressure to do something I know is wrong, I will** \_\_\_\_\_

\_\_\_\_\_.

**I am loved by God always and in every situation. If I ever feel like I  
 don't fit in with my friends, I will** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_.

**I am not perfect, but I am always growing closer to God. Some ways I  
 can try to grow in positive ways are** \_\_\_\_\_

\_\_\_\_\_.

**These are three things I like about who I am today:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_